

JAG Sports & Education Foundation



Founder of JAG, Greg James, with Lance Armstrong and local spokesman for Armstrong's SA visit, Gary Marescia from Cyclelab.

Cyclist Lance Armstrong to visit the Mother City

Cancer survivor and seven-time Tour de France champion, Lance Armstrong, will be making his first visit to Cape Town in March 2010 to support the work of the JAG Sports and Education Foundation (JAG Foundation).

Armstrong's visit, from 9 to 11 March 2010, will aim to raise awareness about the importance of healthy lifestyles, positive role models and the power of sport in transforming youth communities.

'I'm looking forward to be visiting Cape Town for the first time,' says Armstrong, 'especially since I'll be there to help out the JAG Foundation and its work with the youth of South Africa.'

The JAG Foundation, a charitable organisation that uses sport-related programmes and positive role models to inspire affected youth in troubled communities to dream beyond their surroundings, has taken much encouragement from Armstrong's commitment.

'We are so proud to announce Lance Armstrong's involvement with the JAG Foundation, and we are incredibly appreciative of his support,' says JAG Foundation CEO and Olympic hero, Elana Meyer. 'To have someone as globally influential as Lance help carry our message to the youth on our programmes, is truly a great opportunity.'

www.jagfoundation.org.za



each poisonous creature en route. Now that is good value. Sandes won a large clay fruit bowl as his trophy.

Next in Sandes' adventure quest is seven days in the driest place in the world, the Atacama Crossing, followed by the last desert in the series, which takes place in Antarctica.

Asked why he enjoys pushing his body to these limits, Sandes concedes casually that he is not entirely sure, but it may have something to do with

MURKY WATER

The runners started this fourth stage with a 200m swim. The mood was pretty intense and some of the backmarkers swam across with paramedics or pulled themselves along the buoy line.

releasing his inner animal, a primal scream or yearning to explore what he is capable of.

For more information on next year's race visit www.junglemarathon.com or www.trailrunning.co.za. - **TREVOR BALL**

PHOTOGRAPH BY GREG FELL